Easiest access is from the Spy Rock parking lot for:
- Beaver trail (1.2 km)
- Blue circle trail (3.2 km)
- Red oak trail (1.3 km)
- White pine trail (1.2 km)

Easiest access is from the Interpretive Centre parking lot for:
- Mobility Trail (0.3 km)
- Orange Maple Trail (2.3 km)

Check out the colours at the beaver pond.

Bench with lookout view

Benches with nice views

Foot path to lake view

Bench by water with nice view of Westport

Upper Rideau Lake

Visitor Features
- Bench / picnic table
- Building
- Group camping
- Kiosk
- Lookout
- Parking
- Point of interest
- Privy

25-person max at Spy Rock and viewing areas

Trails
- Beaver trail (1.2 km)
- Blue circle trail (3.2 km)
- Meditation trail (0.1 km)
- Mobility trail (0.3 km)
- Orange maple trail (2.3 km)
- Red oak trail (1.3 km)
- White pine trail (1.2 km)
- Rideau main trail

Habitat Features
- Beaver Dam
- Beaver Lodge
- Wildlife / habitat improvement
- Forested
- Naturalized shoreline
- Natural swim area

Physical Distancing Trail Directions

Fall at Foley

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