SPRING WATER AWARENESS

As warmer spring weather approaches, snow and ice begin to melt and waterways fill with cold, fast moving water.

ALWAYS REMEMBER:

- STAY AWAY from all lakes, rivers, streams, creeks, ditches and ponds
- **STAY AWAY** from thin ice!
- STAY AWAY from fast moving water!
- Water is very cold at 0°C to 5°C!

ONTARIOPOWER

Hypothermia sets in within five to ten minutes and can be life threatening!

CONS

RIDEAU VALLEY

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