

News Release

THE ULTIMATE AQUATIC WORKSHOP: RIVER BUGS AND FLY FISHING OPPORTUNITY FOR VOLUNTEERS

RIDEAU VALLEY, September 7, 2010 — City Stream Watch and the Ottawa Flyfishers Society are teaming up on Saturday, September 18 for the third annual aquatic insect and flyfishing workshop! Please register for this popular, free workshop as soon as possible.

Aquatic insects (also known as freshwater benthic macroinvertebrates) are small animals without backbones and these valuable creatures live in our streams during some period of their life. They are an important part of the food chain and play a large role as biological indicators of river health. Hence, these bugs are of extreme interest to both stream watchers and fly fishers.

The day will be broken into morning and afternoon sessions. During the morning session (9:30 to 11:30 am) participants will learn how to sample for benthic macroinvertebrates and how to identify the different types. This portion will be of a “hands on” nature and will be taught by Conservation Authority staff.

After a light lunch, generously provided by the Monterey Inn Resort and Conference Centre, the Ottawa Flyfishers Society will take over, providing fly casting demonstrations and pairing up with other participants for a little more “hands on” experience of a fishing nature. Equipment will be provided. This part of the program should run from about 12:30 to 3:00 pm.

A presentation will be made by RVCA staff regarding the Fish Habitat Mapping project, sponsored by the Ministry's Species at Risk Stewardship Fund and RVCA's Watershed Sciences group. The program organizes and verifies potential habitat for three Rideau fish species at risk (bridle shiner, pugnose shiner, river redhorse) based on information collected on many local streams by RVCA staff and volunteers.

Due to the nature of the program, we must limit the session to 25 people. Signup will be by email, and there will be a waiting list for those who email after signup is full, in case of cancellations. Here are the details:

WHEN: Saturday, September 18, 2010, 9:30 am to 3:00 pm

WHERE: Jock River Landing (mouth of the Jock River at the Rideau River)

<http://maps.google.com/maps?f=q&hl=en&q=5+Lodge+Rd,+Nepean,+ON,+Canada&ie=UTF8&ll=45.262171,-75.709319&spn=0.014348,0.043817&om=1>

COST: No charge thanks to our amazing community sponsors

PLEASE BRING: Drinking water, snacks, personal sun block, sunglasses, rain gear (if necessary)

TO REGISTER: Email your name, phone number and email address to Julia Sutton, City Stream Watch Coordinator at julia.sutton@rvca.ca.

MORE INFORMATION:

Julia Sutton, City Stream Watch Coordinator

Rideau Valley Conservation Authority

613-692-3571 ext 1180

julia.sutton@rvca.ca