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# RVCA News Release

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## LAKE MONITORING WORKSHOP TO BE HELD IN PERTH (Perth Public Library) April 29, 2006

MANOTICK, April 13, 2006 — The Rideau Valley Conservation Authority (RVCA) and the Mississippi Valley Conservation (MVC) invites amateur scientists and watershed stewards to a Watershed Monitoring Workshop on Saturday April 29, 2005 from 10:00 to 2:00 at the Perth Public Library, 30 Herriott Street at the corner of Drummond Street.

The workshop will focus on benthic invertebrates, or, the bugs that inhabit rivers. These spineless creatures can tell us a lot about the health of the lake and what kind of stress it might be under. Participants at the workshop will learn how to collect, identify and record their bug findings. The workshop is part of the Conservation Authority's commitment to collect more environmental data and to encourage volunteers to be involved with the state of their lake and learn more about its health. There will be a short meeting describing the invertebrate monitoring program and some talks on monitoring programs in general.

After meeting at the Library, participants will walk to the river to "dig for bugs" in the soil. A light lunch will be served back at the library where participants will learn to identify the creatures and enter the findings onto a tally sheet. The workshop (rain or shine) is open to those with an interest in watershed health. Future workshops will further enhance the participant's ability to collect and identify ecosystem health indicators. So come on out and learn how to be a guardian of your watershed.

Anyone interested in participating should call the LandOwner Resource Centre (1-800-387-5304) [info@lrconline.com](mailto:info@lrconline.com).

The Conservation Authorities are partnerships of municipalities created under the Ontario Conservation Authorities Act to deliver a range of programs in natural resource conservation in the watershed.

- 30 -