

# WHAT'S UP AT FOLEY MOUNTAIN?!

Join us at Foley Mountain Conservation Area in July for  
**Family Nature Programs Thursdays and Saturdays from 10-11:30 am!**

## **Geology Rocks!**

Saturday, July 3, 2010

*What do volcanoes, oceans, meteorites and glaciers all have in common? Join in on a trip through the last billion years of Foley Mountain's history and try out your skills at being a rock detective!  
(Meet at Spy Rock Parking Lot)*

## **The Secret Life of Trees & Plants**

Saturday, July 10, 2010

*From cures for cholera to building watertight canoes; the trees of Foley Mountain are full of secret medicinal and survival properties. Through an interactive hike and game come and discover their secrets!  
(Meet at the Group Campground)*

## **A Bug's Life**

Saturday, July 17, 2010

*Put on your detective's hat and investigate some incredible insects. Hear all about what makes insects what they are and see what critters you can find!*

## **Tree Tales**

Saturday, July 24, 2010

*Through an interactive walk and game come and discover the secrets behind the smallest ferns and the mysteries of the biggest pine trees at Foley Mountain!  
(Meet at the Group Campground)*

## **Sustainable Seuss**

Thursday, July 8, 2010

*Gather 'round to hear a story about Truffula trees and the evil Once-ler! Inspired by Dr. Seuss's book, Foley Mountain offers a chance to investigate and experience deforestation through stories, discussions and games.*

## **Nature Scavenger Hunt**

Thursday, July 15, 2010

*This is a wildlife scavenger hunt! Using only your senses and a set of clues, it is up to you to prove that wildlife exists in Foley Mountain.*

## **Orienteering**

Thursday, July 22, 2010

*Learn how to use a compass to set different bearings and guide yourself 1.5 km through the woods!  
(Meet at the Group Campground)*

## **Rockin' Reptiles and Awesome Amphibians**

Thursday, July 29, 2010

*Join us for some hands-on activities to investigate the wonderful world of reptiles and amphibians! Get a chance to meet a live black rat snake and stinkpot turtle for a up-close look at these amazing animals.*

Programs are **FREE** with Park Day Pass.  
Children must be accompanied by an adult for all programs.  
Meet at the Interpretive Centre unless otherwise specified.

**For more information, contact Foley Mountain at 613-273-3255 or  
[barry.mcquay@rvca.ca](mailto:barry.mcquay@rvca.ca).**

# WHAT'S UP AT FOLEY MOUNTAIN?!

*Join us at Foley Mountain Conservation Area in August for Family Nature Programs Thursdays and Saturdays from 10-11:30 am!*

## **Sustainable Seuss**

Saturday, July 31, 2010

*Gather 'round to hear a story about Truffula trees and the evil Once-ler! Inspired by Dr. Seuss's book, Foley Mountain offers a chance investigate and experience deforestation through stories, discussions and games.*

## **The Secret Life of Trees & Plants**

Saturday, August 7, 2010

*From cures for cholera to building watertight canoes; the trees of Foley Mountain are full of secret medicinal and survival properties. Through an interactive hike and game come and discover their secrets!*

*(Meet at the Group Campground)*

## **Rockin' Reptiles and Awesome Amphibians**

Saturday, August 14, 2010

*Join us for some hands-on activities to investigate the wonderful world of reptiles and amphibians! Get a chance to meet a live black rat snake and stinkpot turtle for a up-close look at these amazing animals.*

## **How Animals Prepare for Winter**

Saturday, August 28, 2010

*As fall comes around the corner, its time to prepare for the heavy snows of winter. Join us on a walk to discover the various ways animals prepare for the cold!*  
*(Meet at Spy Rock parking lot)*

## **Geology Rocks!**

Thursday, August 5, 2010

*What do volcanoes, oceans, meteorites and glaciers all have in common? Join in on a trip through the last billion years of Foley Mountain's history and try out your skills at being a rock detective!  
(Meet at Spy Rock Parking Lot)*

## **A Bug's Life**

Thursday, August 12, 2010

*Put on your detective's hat and investigate some incredible insects. Hear all about what makes insects what they are and see what critters you can find!*

## **Orienteering**

Thursday, August 26, 2010

*Learn how to use a compass to set different bearings and guide yourself 1.5 km through the woods!  
(Meet at the Group Campground)*

Programs are **FREE** with Park Day Pass. Children must be accompanied by an adult for all programs.

Meet at the Interpretive Centre unless otherwise specified.

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